

Drink

Coffee & Espresso

Coffee of the Day	2.10 / 2.40 / 2.75
Espresso	2.25 / 2.50 / 2.75
Americano	2.50 / 2.75 / 3.00
Cold Press	3.25 / 3.75 / 4.25
Cappuccino	3.00 / 3.60 / 4.10
Latté	3.00 / 3.60 / 4.10
Mocha	3.85 / 4.35 / 4.85
Add flavor or espresso shot	.75
Sub almond, soy, or oat milk	.75
Box of coffee to go includes cups, cream, sugar	15.00
Coffee beans by the pound	15.00

Specialty Drinks

Café Miel honey, cinnamon	Salted Caramel Latté caramel, sea salt
Maple Cardamom Latté maple, cardamom	Golden Milk Latté honey, turmeric
Mexican Mocha dark chocolate, cinnamon, cayenne	Almond Joy Mocha chocolate, coconut, almond
Minty Mocha dark or white chocolate with mint	Seasonal ask the baristas!

3.85 / 4.35 / 4.85

Other

Hot Tea	2.65 / 2.65 / 2.65
Iced Tea	2.65 / 3.15 / 3.65
Chai Latté/Tea Latté	3.75 / 4.25 / 4.75
Matcha Latté	3.75 / 4.25 / 4.75
Hot cocoa/steamer	3.00 / 3.50 / 4.00
Kid’s cocoa 8 oz.	2.00
Italian Soda (French Soda + .25)	2.65 / 3.15 / 3.65
Fruit Smoothie (selection varies)	3.85 / 4.35 / 4.85
Pup Cup (whipped cream in a cup)	1.00

Frappés

Mocha Frappé	3.85 / 4.35 / 4.85
Vanilla Latté Frappé	Caramel Latté Frappé
	Specialty Drink see above for flavors

Superfoodthies

Ginger Snap carrot, walnuts, fresh ginger, honey, orange juice	Liquid Gold banana, coconut milk, coconut, turmeric, honey, almond milk
Greenvy spinach, banana, apple, pear, toasted almonds, almond milk	Blue N Oat blueberries, oats, oat milk, chia seeds, banana
Cocoa Buzz cocoa, banana, peanut butter powder, flax, cinnamon, cold press, soy milk	Boost +.75 add protein or vitamins

5.25

All espresso drinks can be hot or iced, caffeinated or decaf

Eat

Bakery

Made in our kitchen daily	2.75
Muffins	2.75
Scones	2.75
Coffeecake	2.40
Bars	2.25
Cookies (pack of 3)	

Lunch

Soup Du Jour	
Cup	3.75
Bowl	4.75
Add Bread	1.00
Salads	
Chef Salad	5.75
romaine, cheddar, turkey, grape tomatoes, and hard boiled egg. choice of dressing	
Greek Chopped Salad	5.75
romaine, spinach, chickpeas, feta cheese, red onion, kalamata olives, and SiP made vinaigrette	
Pasta Salad	5.25
selection varies	
Organic Quinoa Salad	5.65
selection varies	
Salad on Greens	5.75
chicken, egg, or tuna	

Breakfast

Available all day	
Bagel* (with cream cheese or peanut butter)	3.00
Chia Pudding	4.50
Breakfast Bagel Sandwich*	
Egg and Cheese	3.85
Ham, Egg, and Cheese	4.50
Breakfast Burrito	5.25
Hot Oatmeal	3.75
Quiche Slice (selection varies)	3.85

*Also available gluten free +1.50

Sandwiches

3.25 Half / 6.50 Whole	
(made in-house daily using SiP made salad spreads, preservative free deli meat, and locally-made artisan bread)	
Egg Salad (hard boiled eggs, celery, dill, mayo, and dijon on multigrain)	Turkey Pesto (turkey, provolone, SiP-made pesto and spinach on ciabatta)
Tuna Salad (tuna, celery, creamy lemon sauce on multigrain)	Picnic Ham Brioche (ham, swiss, dijon, SiP-made pickles and leaf lettuce)
Chicken Salad (chicken breast, celery, mayo, and seasoning on multigrain or a wrap)	Special Sandwich (selection varies)
Sweet Pea Wrap (SiP made pea puree, grape toma- toes, goat cheese, and spinach)	Bag Lunch +3.50 (add chips and cookies/bar)
	Gluten free +1.50 (made to order)